

Relationships and Sex Education (RSE) Day

It begins with me

Wings to Soar

Read or listen to the story of *The Eagle Who Believed He Was a Chicken*. There is a YouTube version of the parable 'here: <https://youtu.be/4kdik-A9iC4>

Discuss the meaning of the story and ask the children questions below:

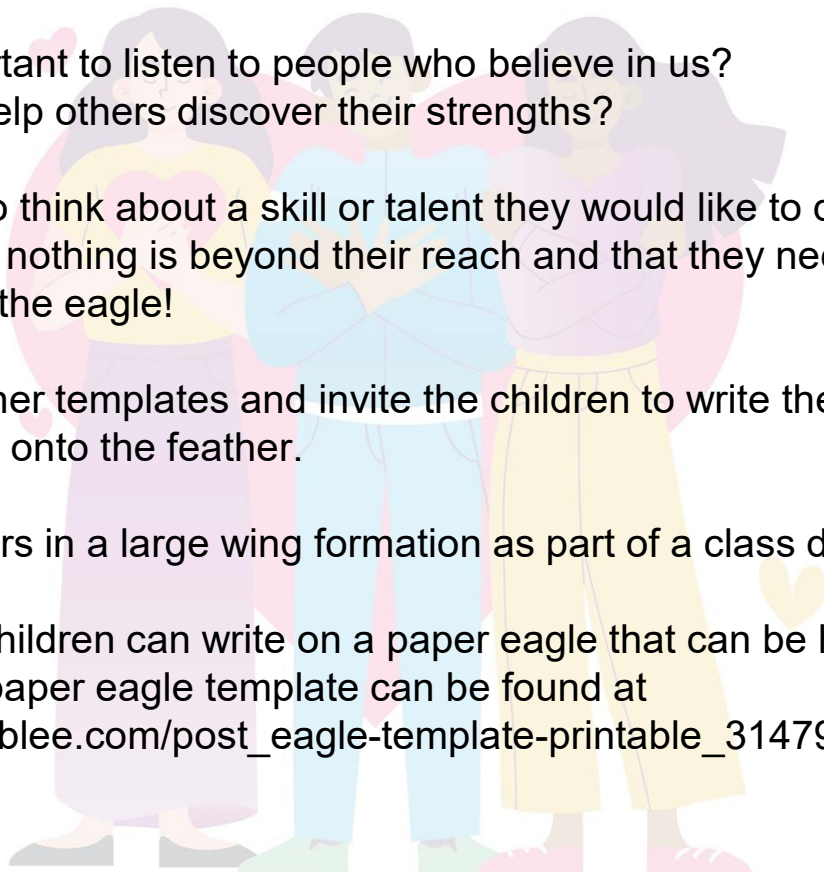
- What happened to the eagle when he was very young?
- How did the chickens treat the eagle when he lived with them?
- Why do you think the eagle believed he was a chicken?
- Who helped the eagle discover the truth about who he really was?
- Have you ever believed you couldn't do something until someone encouraged you?
- What changed when the eagle finally tried to fly?
- What does this story teach us about trying new things and believing in ourselves?
- Why is it important to listen to people who believe in us?
- How can we help others discover their strengths?

Ask the children to think about a skill or talent they would like to develop. Remind them that nothing is beyond their reach and that they need to have wings to soar like the eagle!

Hand out the feather templates and invite the children to write the skill or talent they'd like to have onto the feather.

Display the feathers in a large wing formation as part of a class display.

Alternatively the children can write on a paper eagle that can be hung up from the ceiling. A 3D paper eagle template can be found at https://www.printablee.com/post_eagle-template-printable_314797/



RSE DAY

Celebrating relationships & sex education

