



Relationships and Sex Education (RSE) Day

It begins with me

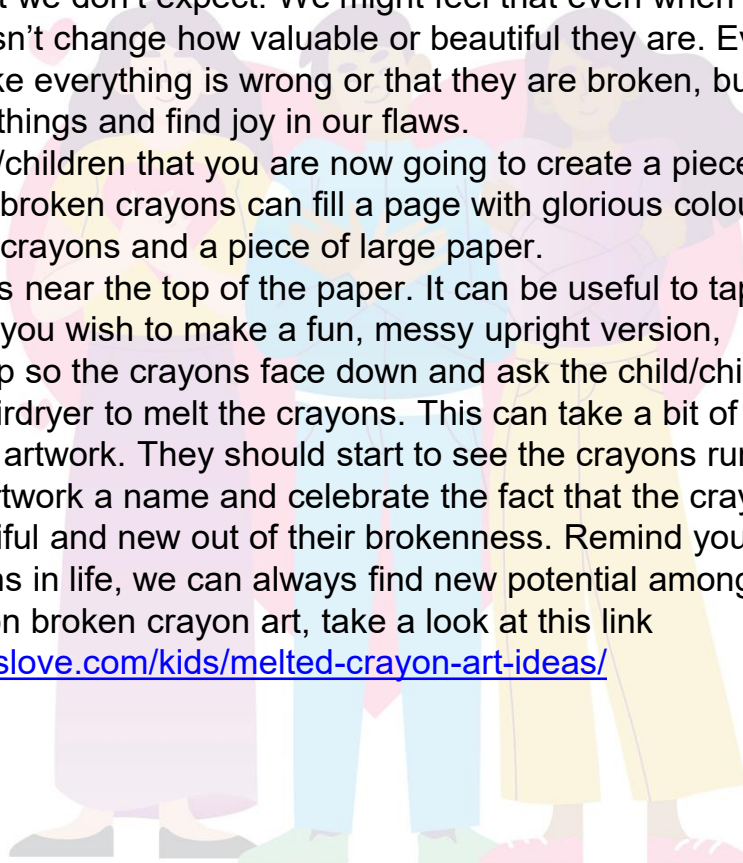
Broken Crayon Art Activity

You will need:

- A large piece of paper or cards (A3 sugar paper is good)
- Broken crayons (and some masking tape may be useful)
- A hairdryer
- Broken Crayons Still Color Story Video (optional) <https://youtu.be/LJNjMcf6gl>
- A piece of newspaper, plastic table cloth or plastic bag on the floor

Instructions:

- Take out a packet of broken crayons and ask your child/children whether they think these are still good to use. What does it feel like when they break while colouring? (May be upsetting or frustrating when this happens) Is there anything we can do about it?
- Explain to the child/children that the crayons can act like a metaphor for when things happen to us that we don't expect. We might feel that even when things feel broken or sad in life, it doesn't change how valuable or beautiful they are. Everyone has times when they feel like everything is wrong or that they are broken, but we can try to overcome these things and find joy in our flaws.
- Say to your child/children that you are now going to create a piece of art together which shows that even broken crayons can fill a page with glorious colour.
- Take the broken crayons and a piece of large paper.
- Place the crayons near the top of the paper. It can be useful to tape the ends of these onto the paper if you wish to make a fun, messy upright version,
- Hold the paper up so the crayons face down and ask the child/children to use the hot setting on the hairdryer to melt the crayons. This can take a bit of time but makes a great abstract piece of artwork. They should start to see the crayons run down the page.
- Give your new artwork a name and celebrate the fact that the crayons have now made something beautiful and new out of their brokenness. Remind your child/children that whatever happens in life, we can always find new potential amongst the challenges.
- For more ideas on broken crayon art, take a look at this link <https://whatmomslove.com/kids/melted-crayon-art-ideas/>



RSE DAY

Celebrating relationships & sex education

