

Relationships and Sex Education (RSE) Day

It begins with me

'Why I'm Amazing' Activity Cube

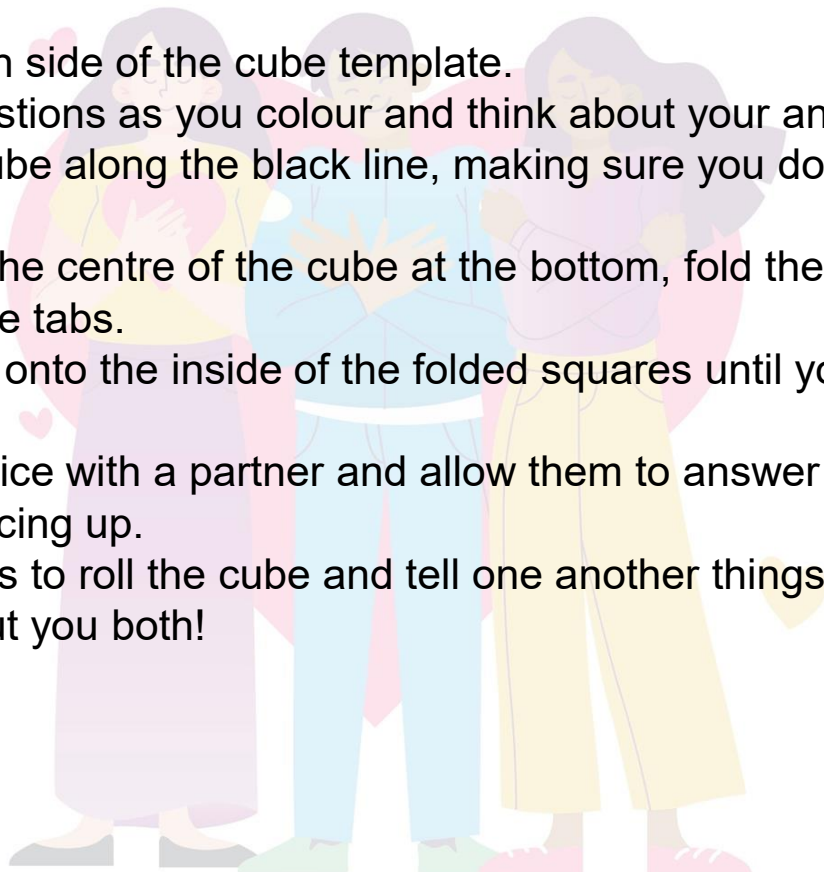
This activity can be carried out with individuals each making their own cube, or as a paired activity.

You will need:

- Coloured pencils or felt tips
- A glue stick
- Scissors
- A pencil to write with

Instructions:

- Colour in each side of the cube template.
- Read the questions as you colour and think about your answers
- Cut out the cube along the black line, making sure you do not cut off the tabs.
- Starting with the centre of the cube at the bottom, fold the squares in and crease the tabs.
- Glue the tabs onto the inside of the folded squares until you have a cube shape.
- Now roll the dice with a partner and allow them to answer the question on the side facing up.
- Take it in turns to roll the cube and tell one another things that are amazing about you both!



Colour each side with pencils or felt tips. Fold along the dotted lines. Apply glue to the tabs and stick the faces together to form a cube. Now roll the cube and answer questions about yourself.

