

## Relationships and Sex Education (RSE) Day

### It begins with me



I AM LOVEABLE

I deserve to be cared for



I AM IMPORTANT

I matter as much as others



I AM BRAVE

I stand up for what is right



I TRY MY BEST

I stay positive and persevere



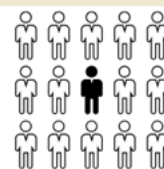
I AM KIND

I treat others well



I AM UNIQUE

There is no one else exactly like me



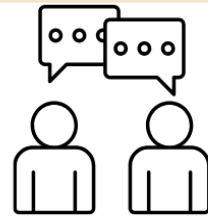
# RSE DAY

Celebrating relationships & sex education



I AM HONEST

I tell the truth and act fairly



I AM TALENTED

I matter as much as others



I AM TRUSTWORTHY

I am reliable and keep my word



I BELONG

I feel accepted and known



I AM FUNNY

I can make others laugh



I AM BRILLIANT

I shine in lots of different ways



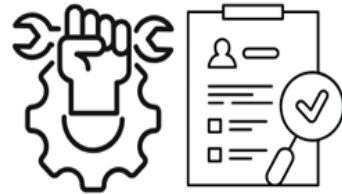
# RSE DAY

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I AM HARDWORKING

I try my best to succeed



I AM GENEROUS

I share what I have with others



I AM FORGIVING

I do not hold grudges



I AM OPTIMISTIC

I face the future with positivity



I AM SUPPORTIVE

I help and encourage others



I AM THANKFUL

There are many things I am grateful for



# RSE DAY

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I AM CREATIVE

I think outside of the box



I AM FRIENDLY

I help others feel at ease



I AM ENTHUSIASTIC

I have energy and a zest for life



I AM FEARLESS

I reach for my dreams & don't give in



I AM SENSITIVE

I feel emotions deeply & care a lot



I AM INCLUSIVE

I celebrate and include everyone

