



Teacher Instructions:

Create emotion masks by exploring facial expressions. Show the pictures of the people with various facial expressions and ask pupils to share what they think the emotion is that the person is feeling, and how they know this.

Use the people's facial expression to model to pupils how to create their own emotion masks on card or paper plates. Celebrate by asking pupils to show their masks and other pupils guess the emotion they are communicating.

Emotion Prompts:

- Happy
- Sad
- Angry
- Surprised
- Scared
- Excited
- Confused
- Worried
- Bored