

Relationships and Sex Education (RSE) Day

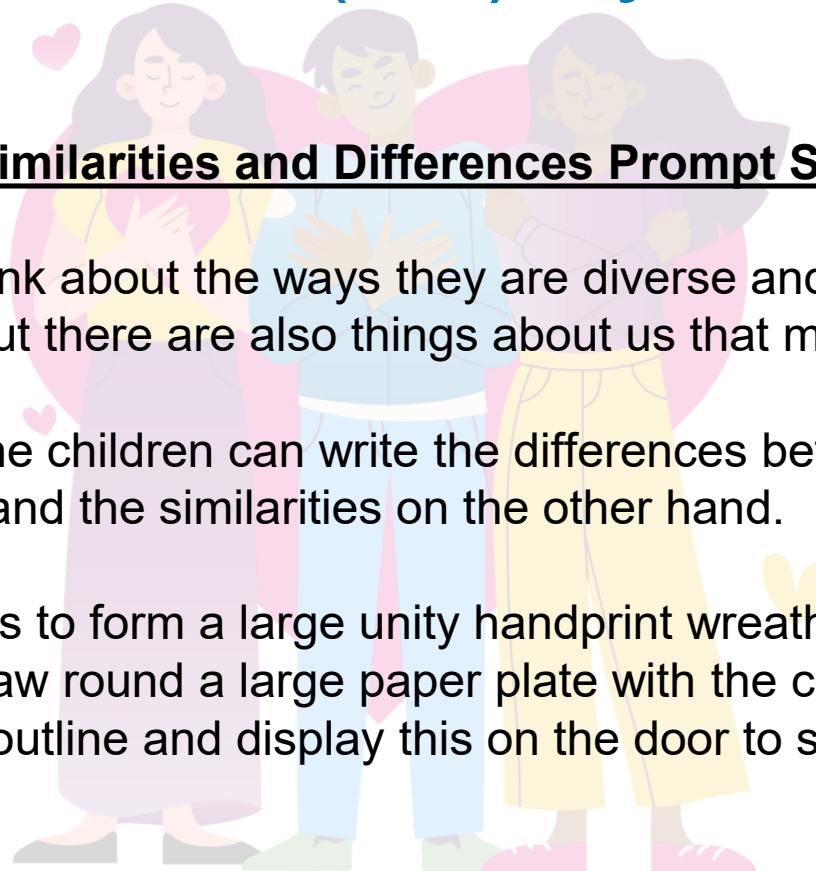
It begins with me

Similarities and Differences Prompt Sheet

Use the table to help children to think about the ways they are diverse and unique. There are some aspects we all share as citizens of the world, but there are also things about us that make us different from one another.

Once ideas have been collected, the children can write the differences between them and their classmates on one hand they have drawn round, and the similarities on the other hand.

Use the multicoloured hand cut outs to form a large unity handprint wreath celebrating the diverse range of children in the class. You could draw round a large paper plate with the centre cut out to form the outline of the wreath. Staple the hands onto the outline and display this on the door to show that all are welcome.



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It begins with me

Questions to ask:

- *What is one thing you have in common with someone else?*
- *What is one thing that makes you special?*
- *How can we celebrate our differences?*
- *How can we make sure everyone feels included?*



Ways people Can Be Similar

- We all have **feelings**
- We all need **kindness and respect**
- We all make **mistakes** and learn
- We all want **friends**
- We all have **things we enjoy**
- We all have **strengths**
- We all belong in our **school community**
- We all like to feel **safe and included**

Ways People Can Be Different

- Hair colour, skin colour, eye colour
- Height and body shape
- Languages we speak
- Cultures, traditions, faith, celebrations
- Hobbies and interests
- Strengths and talents
- How we learn best
- Our personalities
- Our families and home life
- Foods we like or dislike
- What makes us feel confident or nervous
- How we express our feelings

Similar but different

How am I similar to my friends? How am I different? Write some ways people are similar, as well as the differences we have from one another.

Similarities we share

Differences we may have

